

Jindalee Sports Locker Room

How to get your athletes to achieve greater success

The Queensland Government, through the Department of Local Government, Sport and Recreation is proud to present the Sports Locker Room Forum that will provide you with an opportunity to exchange ideas and share the knowledge and experiences of high profile coaches, officials and industry professionals.

Session includes:

Role of a Coach

Mike Young: Australian Cricket's Fielding Coach 2002 - Present. Former Australian Olympic Baseball Program On-Field Manager 1987-1989 and 1997-1999 (Only Gold medal ever won by an Australian Baseball Team 1999 World Championships). Two-time winner of International Baseball's Coach of the year Award.

Strength, conditioning and fitness

Chris Weier: Exercise physiologist and lecturer, personal fitness trainer, participant in 2002 Australian Triathlete World Championships.

Coaching / Officiating Kids for Positive Sports Participation

Brett Dowker: Head Coach for Surf Life Saving Association's National High Performance Program. Successful club coach & Managing Director of 'Super Surf Camps'.

The benefits of nutrition in sport

Leanne Hammond: Sports dietician and exercise physiologist. Works with the Australian Rugby Union High Performance Unit and Queensland Academy of Sport.

Sports Psychologist

Wendy Swift: Sports Psychologist for Australian Women's Softball Team, Queensland Academy of Sport Teams

Join us to help make Jindalee more active

Tuesday 6 May 2008

6pm- 9pm. Light refreshments will be served at 6.15pm.

Jindalee Hotel, Sinnamon Road, Jindalee.

Contact the Department of Local Government, Sport and Recreation (07) 3239 0770 or email rsvp@srq.qld.gov.au before Monday 5 May 2008 to register your place.

There is no charge to attend the Sports Locker Rooms